

# **The 34th Three Peaks Mountain Race**

## **Sunday, 9 April 2017**

**Weather: Fine, still & reasonably warm autumn day**

*Note: all distances are approximate*

### **26km Mountain Race**

*Woodhaugh St, Flagstaff, Swampy Summit, Mt Cargill, Chingford Park*

Congratulations to Stafford Thompson who has now won the Three Peaks Mountain Race for the fifth time in a row, a truly amazing feat on such a tough course. His time was 2hrs 9mins 51secs. Second was MM50+ runner Norman Dunroy, who broke Chris Sole's Master Men's over 50 race record with a time of 2hrs 14mins 37secs and third was Grant Guise in 2:17.20 finishing as first Master Men's 35-49 competitor. Fourth across the line was Jake Jackson-Grammer, second Open Men's runner in 2:21:21. Fifth was the second MM35-49 runner Simon Green in 2:21:33. Sixth was Tom Spencer, third Open Men's runner in 2:25:08. The third MM35-49 runner was the ninth placed Kelvin Meade in 2:33:01.

First place for the women was shared by Master Women's 35-49 competitors Anne Spencer and Britta Clark in 2min 40mins 1sec, while Open Women runner Sharon Lequeux was third in 2hrs 46mins 15secs. King of Mountain winner (first to Swampy summit & full finish) was Stafford Thompson. Queen of Mountain winner was Sharon Lequeux.

### **Race the Summit 11km**

*Woodhaugh St, Flagstaff, Swampy Summit*

*Note: All were competing in the Open Grades, check results for specific grade designations*

Danny Baillie won the 11km "Race to the Summit" in 62min 45secs, second was Neale McLanachan and third was Nathan Shanks. First woman in the "Race to the Summit" was Claire Anderson in 1hr 27mins 50secs, second was Mel Wenlock and third was Anna Bergin.

### **Team's Event**

#### **26km**

There were only two teams taking part this year. Lie and Church, Women's Team finished first in 2:49:16. Bradley and Goodall, Mixed Team finished second in 3:23:18.

### **Recreational Walk 11km**

*Woodhaugh St, Flagstaff, Swampy Summit*

*Note: All walkers were in the Open Grades, check results for specific grade designations*

First walker to Swampy Summit was Blair Robinson in a fast time of 1hr 43mins. Second walker was Steve Stewart MM50 in 1:58:34 and third was Donna Tumaru MW35 in 1:58:35.

We congratulate all the participants in this the 34th running of this great mountain run and we thank all those who helped to make this event such a success.