

# The 33rd Three Peaks Mountain Race 10 April 2016

**Gloriously sunny weather**  
*Note: all distances are approximate*



## **26km Mountain Race**

*Chingford Park, Mt Cargill, Swampy Summit, Flagstaff, NZMCA Camping Ground Woodhaugh St*

Stafford Thompson comfortably defended his title at the 33rd *The Frontrunner* Three Peaks Mountain Race which took place on Sunday 10 April 2016 in a time of 2hr 7min 42sec. In doing so he notched up his fourth consecutive win in this event and was also first in the Master Men's 35-49 grade. Second was Chris Bisley (1<sup>st</sup> Open Men's runner) in 2:18:22 and third was Jamie Gardner (2<sup>nd</sup> Open Men's runner) in 2:18:51. In ninth place and second MM35-49 runner was Shaun Barlow in 2:23:57 and in eleventh place was third MM35-49 runner Jamie Lyons in 2:28:42.3. In 20<sup>th</sup> place was the first MM50+ runner Murray Gray MM50+ in 2:38:03.

First woman across the line was Mel Aitken who won the open women's title in 2hr 29min 23sec. Second across the line and second Open Woman was exchange student Erzsebet Nagy, from Maine, in the United States in 2:51:00 and third across the line was the first MW35-49 runner Donna Young in 2:51:12. Fourth home was third placed Open Women's runner Sharon Lequeux in 2:52:38. Shannon McNatty was the second MW35-49 runner in 3:13:59 and Siobhan McKinlay the third placed MW35-49 runner in 3:15:30. Ali Barbara was the first placed MW50+ runner in 3:24:20.

## **Race the Summit 15km**

*Chingford Park, Mt Cargill, Swampy Summit*

*Note: All were competing in the Open Grades, check results for specific grade designations*

Open Men's runner Danny Baillie won the Race the Summit in 1:26:24, Sabrina Grogan (1<sup>st</sup> Open Women's) finished second in 1:37:31 and young Ben Mitchell (2<sup>nd</sup> Open Men's) was third in 1:41:38. Fourth was the 3<sup>rd</sup> Open Men's runner Ben Rowley in 1:48:37. The second Open Women's runner Sarah Lee Andrews finished in ninth place in 2:05:24. The third Open Women's runner was Jemima Holborow who finished in 15<sup>th</sup> place in 2:12:21.

## **Recreational Walk 15km**

*Chingford Park, Mt Cargill, Swampy Summit*

*Note: All walkers were in the Open Grades, check results for specific grade designations*

First was Wayne Porteous MM50+ in 2:20:30m second was Blair Robinson MM35-49 in 2:31:33. Third was Tom Cockerill MM50+ in 2:32:12. First woman was MW35-49 walker Donna Tumaru in fifth place in 2:43:58.

Congratulations to all who competed and who assisted in this great event and also to our wonderful sponsors. The 33rd running of this event was in the reverse direction for the first time in its history and this was a one-off only, with the race reverting to the normal direction in 2017. The popular shorter feature race "Race the Summit" was about 15km in the reverse direction (usually 11km in the normal direction) from Chingford Park to Swampy Summit (via Mt Cargill), as was the recreational walk. There was no teams event this year, but hopefully we will bring it back in the near future.